

Optimization of Pressurized Liquid Extraction (PLE) Parameters for Extraction of Bioactive Compounds from *Moringa oleifera* Leaves and Bioactivity Assessment

Theodoros Chatzimitakos, Vassilis Athanasiadis *, Konstantina Kotsou, Martha Mantiniotou, Dimitrios Kalompatsios, Ioannis Makrygiannis, Eleni Bozinou and Stavros I. Lalas

Department of Food Science and Nutrition, University of Thessaly, Terma N. Temponera Street, 43100 Karditsa, Greece; tchatzimitakos@uth.gr (T.C.); kkotsou@agr.uth.gr (K.K.); mmantiniotou@uth.gr (M.M.); dkalompatsios@uth.gr (D.K.); ioanmakr1@uth.gr (I.M.); empouzinou@uth.gr (E.B.); slalas@uth.gr (S.I.L.)
* Correspondence: vaathanasiadis@uth.gr; Tel.: +30-24410-64783

Table S1. Response surface methodology (RSM) employed mathematical models for optimizing the extraction of *M. oleifera*. These models exclusively included significant terms.

Responses	Second-Order Polynomial Equations (Models)	R ² Predicted	R ² Adjusted	p-Value	Eq.
TPC	$Y = 68.91 - 0.42X_1 - 0.03X_2 - 0.67X_3 - 1.18X_4 + 0.002X_1^2 + 0.0001X_2^2 + 0.002X_3^2 + 0.04X_4^2 - 0.0001X_1X_2 + 0.004X_1X_3 - 0.006X_1X_4 + 0.0001X_2X_3 - 0.0001X_2X_4 + 0.004X_3X_4$	0.9155	0.8169	0.0002	(S1)
TFC	$Y = 50.89 - 0.29X_1 - 0.02X_2 - 0.52X_3 - 0.94X_4 + 0.001X_1^2 + 0.0001X_2^2 + 0.001X_3^2 + 0.03X_4^2 - 0.0001X_1X_2 + 0.004X_1X_3 - 0.004X_1X_4 + 0.0001X_2X_3 + 0.0001X_2X_4 + 0.002X_3X_4$	0.9189	0.8242	0.0002	(S2)
FRAP	$Y = 295.64 - 1.93X_1 - 0.16X_2 - 2.5X_3 - 4.39X_4 + 0.02X_1^2 + 0.0001X_2^2 + 0.005X_3^2 + 0.21X_4^2 - 0.0005X_1X_2 + 0.02X_1X_3 - 0.04X_1X_4 + 0.0004X_2X_3 + 0.0001X_2X_4 + 0.006X_3X_4$	0.9396	0.8690	< 0.0001	(S3)
DPPH	$Y = 408.04 - 2.55X_1 - 0.2X_2 - 3.52X_3 - 8.13X_4 + 0.01X_1^2 + 0.0001X_2^2 + 0.009X_3^2 + 0.25X_4^2 - 0.0001X_1X_2 + 0.02X_1X_3 - 0.02X_1X_4 + 0.0004X_2X_3 + 0.0007X_2X_4 + 0.02X_3X_4$	0.9220	0.8311	0.0001	(S4)
AHPA	$Y = 673.42 - 5.13X_1 - 0.4X_2 - 4.44X_3 - 9.98X_4 + 0.03X_1^2 + 0.0001X_2^2 + 0.005X_3^2 + 0.09X_4^2 + 0.0002X_1X_2 + 0.04X_1X_3 - 0.02X_1X_4 + 0.001X_2X_3 + 0.005X_2X_4 + 0.02X_3X_4$	0.9328	0.8543	< 0.0001	(S5)

Table S2. Maximum predicted responses and optimum extraction conditions for the dependent variables.

Responses	Optimal Conditions				
	Maximum Predicted Response	R, mL/g (X ₁)	P, psi (X ₂)	T, °C (X ₃)	t, min (X ₄)
TPC (mg GAE/g dw)	25.83 ± 3.23	65	1650	150	15
TFC (mg RtE/g dw)	20.13 ± 2.69	70	1500	150	14
FRAP (μmol AAE/g dw)	131.13 ± 14.49	70	1640	150	15
DPPH (μmol AAE/g dw)	143.21 ± 17.81	60	1640	150	22
AHPA (μmol AAE/g dw)	253.24 ± 31.50	70	1630	150	16

TPC: Total polyphenol content; TFC: Total flavonoid content; FRAP: Ferric reducing antioxidant power; DPPH: 2,2-Diphenyl-1-picrylhydrazyl; AHPA: Anti-Hydrogen Peroxide Activity.

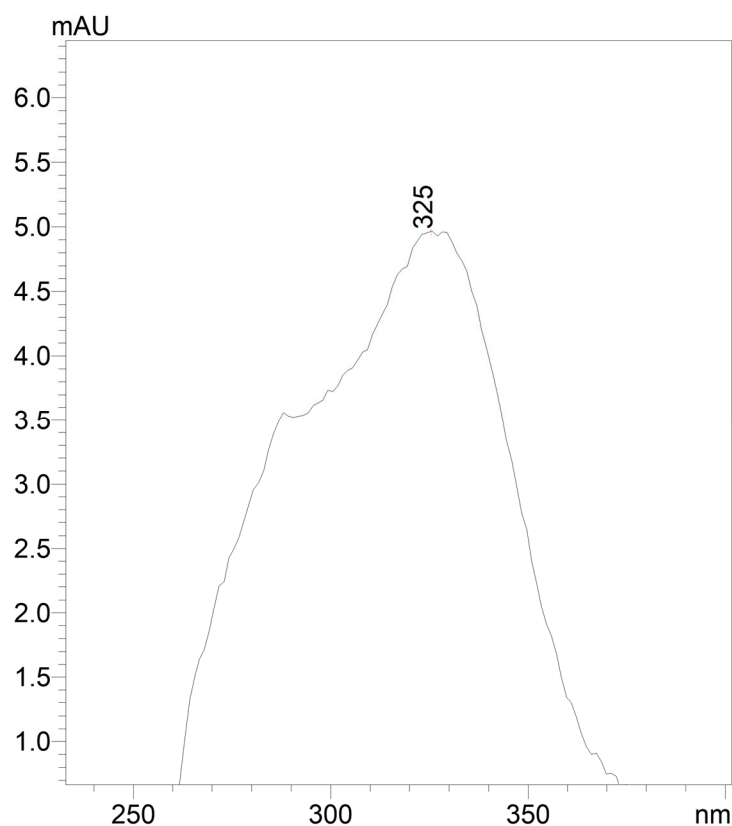


Figure S1. Ultraviolet spectra of unknown compound at retention time 22.91 min, according to the HPLC chromatograph.

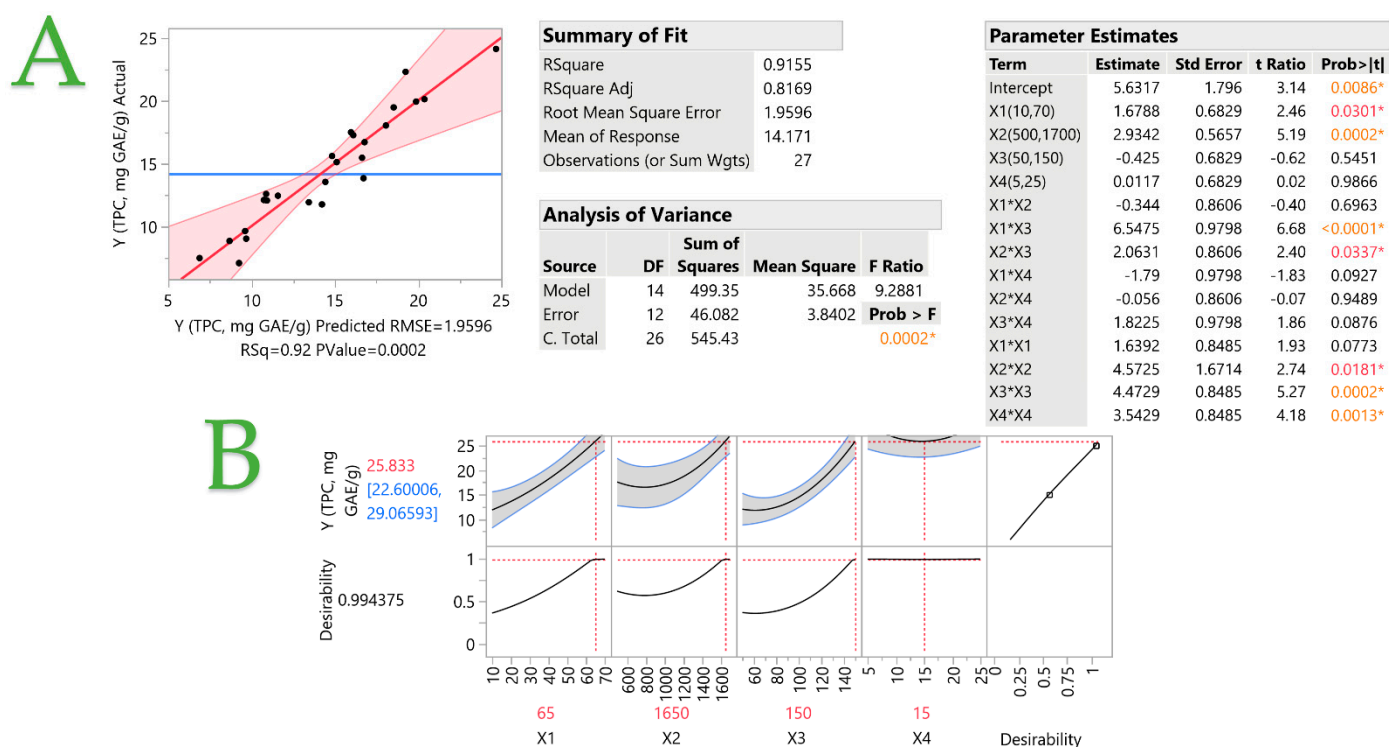


Figure S2. Plot **A** displays the actual response versus the predicted response (Total polyphenol content – TPC, mg GAE/g) for the optimization of *M. oleifera* extracts using different PLE extraction parameters, and plot **B** displays the desirability function. Asterisks and colored values denote statistically significant values, while inset tables include statistics relevant to the evaluation of the resulting model.

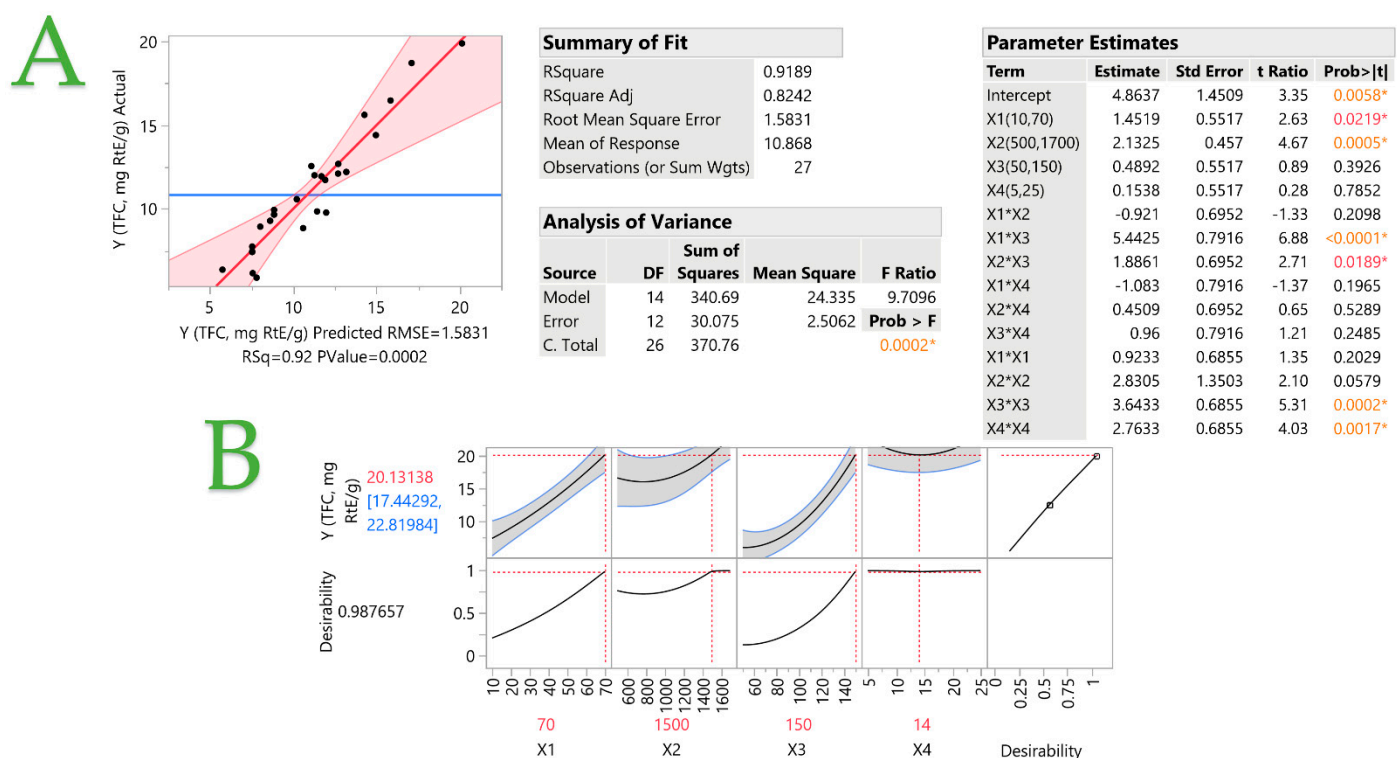


Figure S3. Plot A displays the actual response versus the predicted response (Total flavonoid content – TFC, mg RtE/g) for the optimization of *M. oleifera* extracts using different PLE extraction parameters, and parameters, and plot B displays the desirability function. Asterisks and colored values denote statistically significant values, while inset tables include statistics relevant to the evaluation of the resulting model.

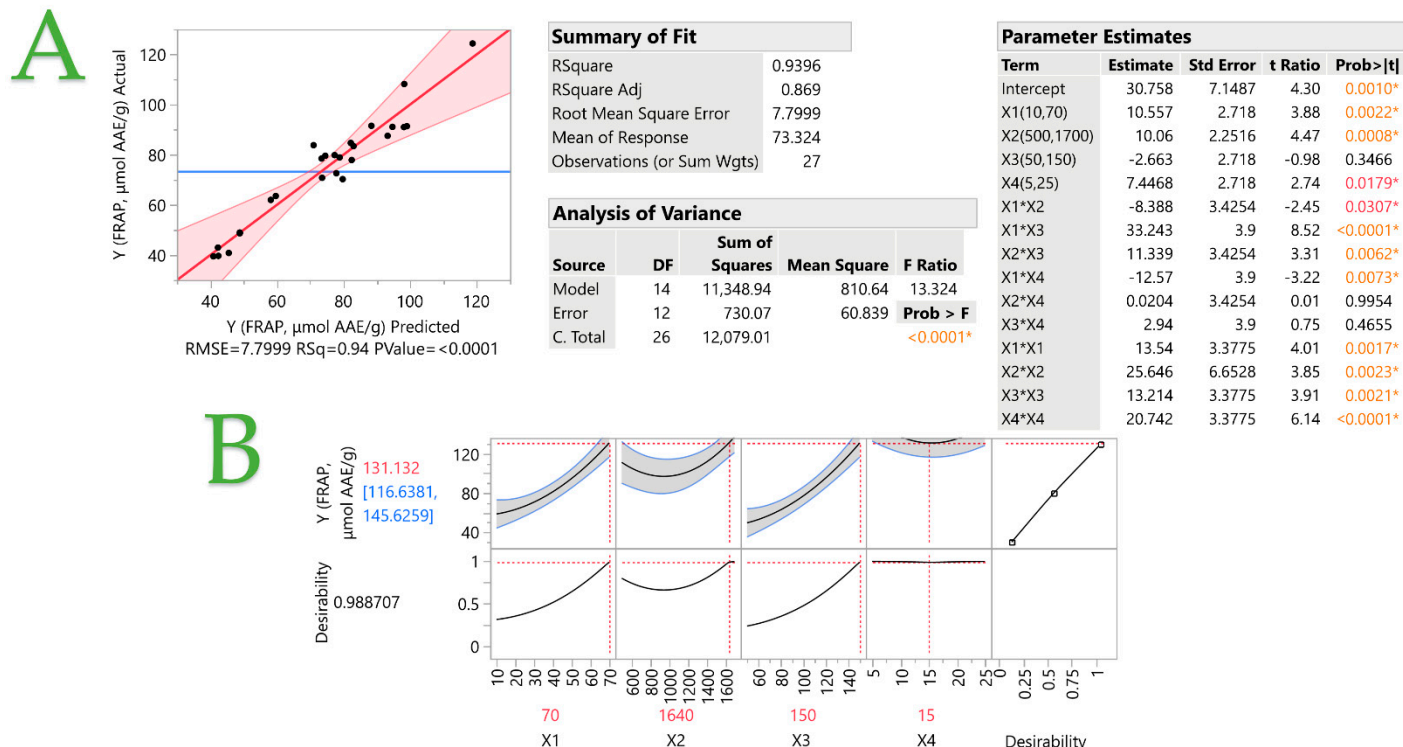


Figure S4. Plot A displays the actual response versus the predicted response (FRAP, μmol AAE/g) for the optimization of *M. oleifera* extracts using different PLE extraction parameters, and parameters, and plot B displays the desirability function. Asterisks and colored values denote statistically significant values, while inset tables include statistics relevant to the evaluation of the resulting model.

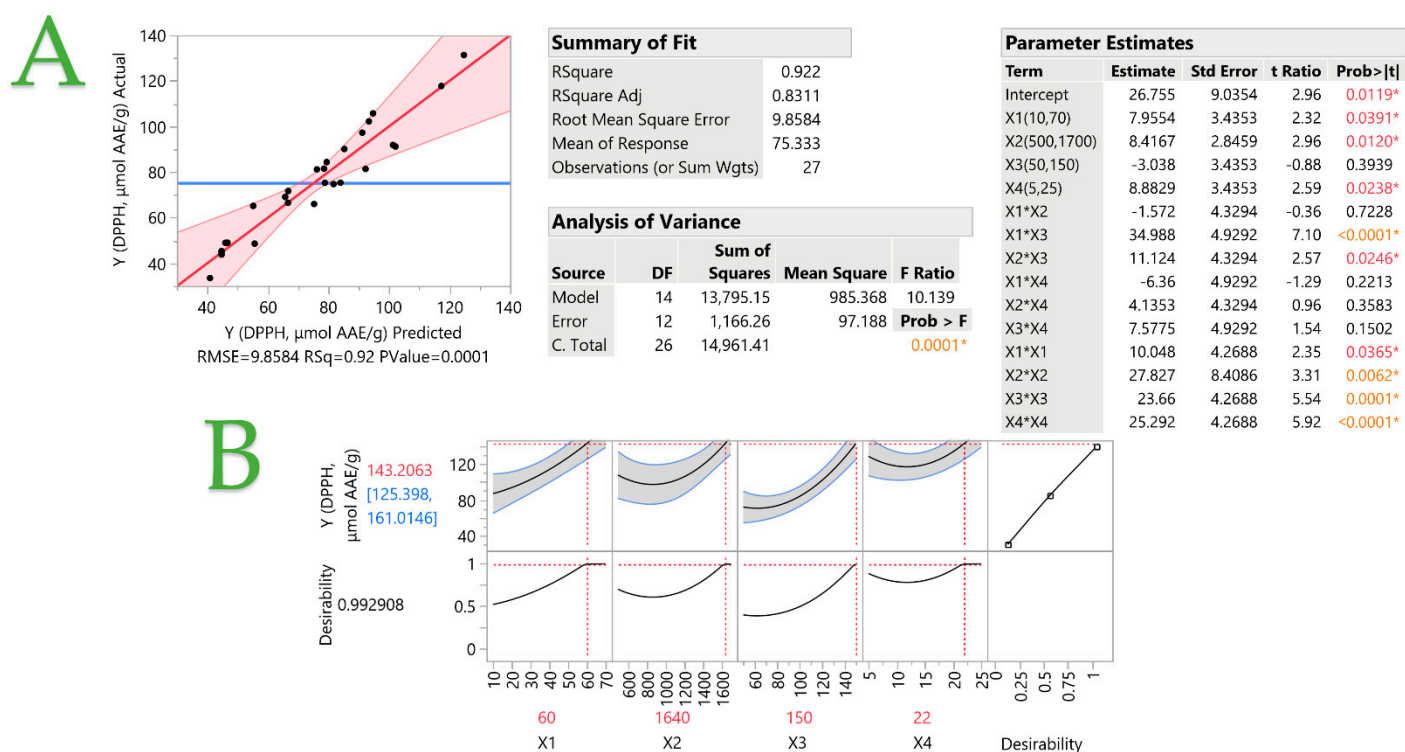


Figure S5. Plot **A** displays the actual response versus the predicted response (DPPH, $\mu\text{mol AAE/g}$) for the optimization of *M. oleifera* extracts using different PLE extraction parameters, and plot **B** displays the desirability function. Asterisks and colored values denote statistically significant values, while inset tables include statistics relevant to the evaluation of the resulting model.

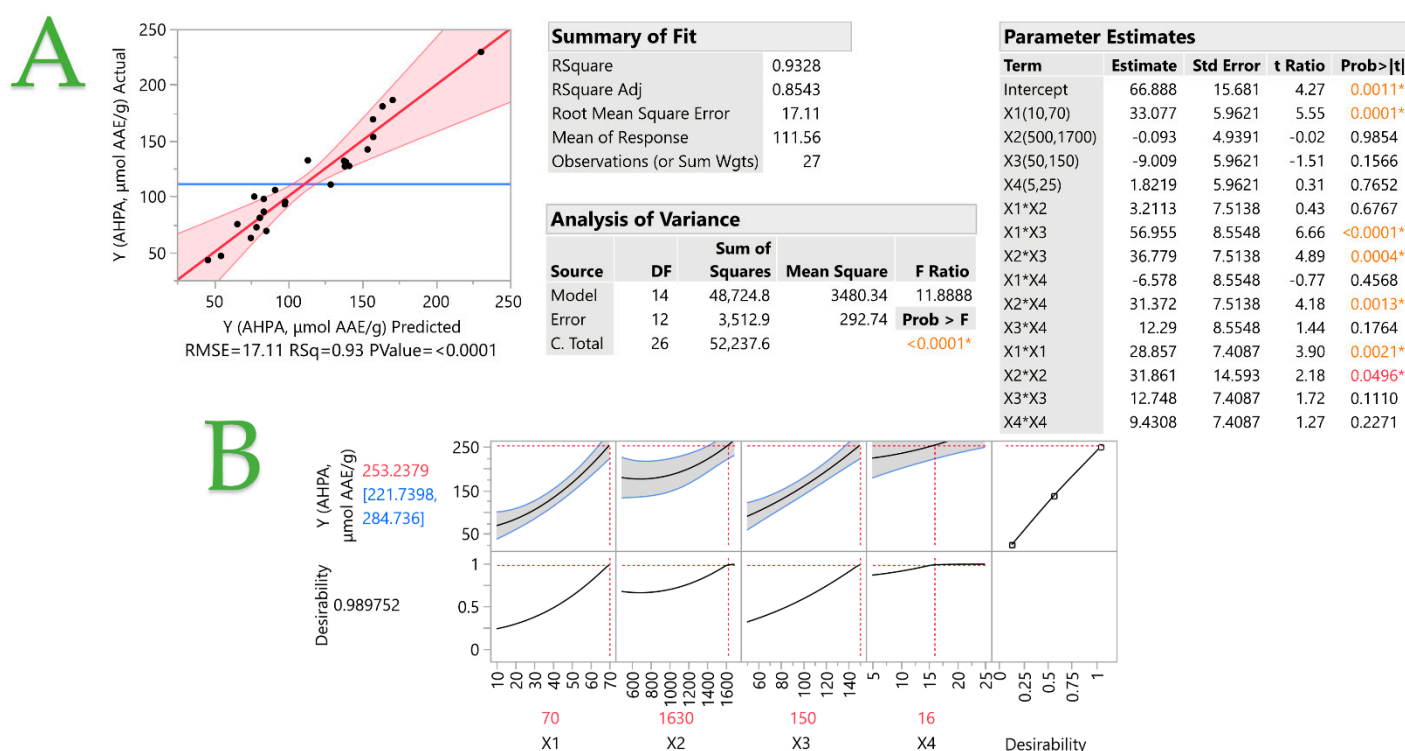


Figure S6. Plot **A** displays the actual response versus the predicted response (Anti-Hydrogen Peroxide Activity – AHPA, $\mu\text{mol AAE/g}$) for the optimization of *M. oleifera* extracts using different PLE extraction parameters, and plot **B** displays the desirability function. Asterisks and colored values denote statistically significant values, while inset tables include statistics relevant to the evaluation of the resulting model.

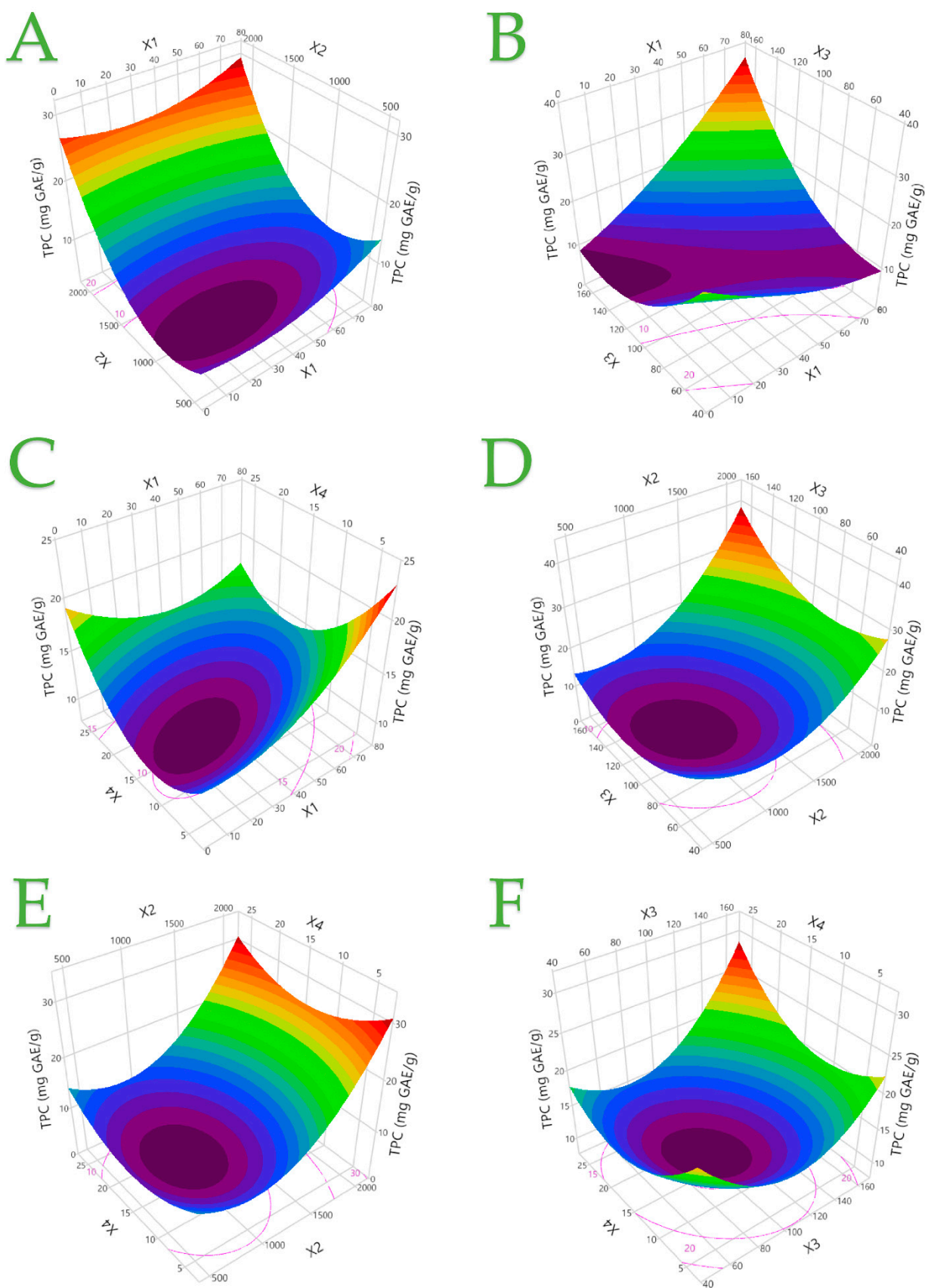


Figure S7. The optimal extraction of *M. oleifera* extracts is illustrated in 3D graphs that show the impact of the process variables considered in the response (Total polyphenol content – TPC, mg GAE/g). Plot (A), covariation of X_1 and X_2 ; plot (B), covariation of X_1 and X_3 ; plot (C), covariation of X_1 and X_4 ; plot (D), covariation of X_2 and X_3 ; plot (E), covariation of X_2 and X_4 ; plot (F), covariation of X_3 and X_4 .

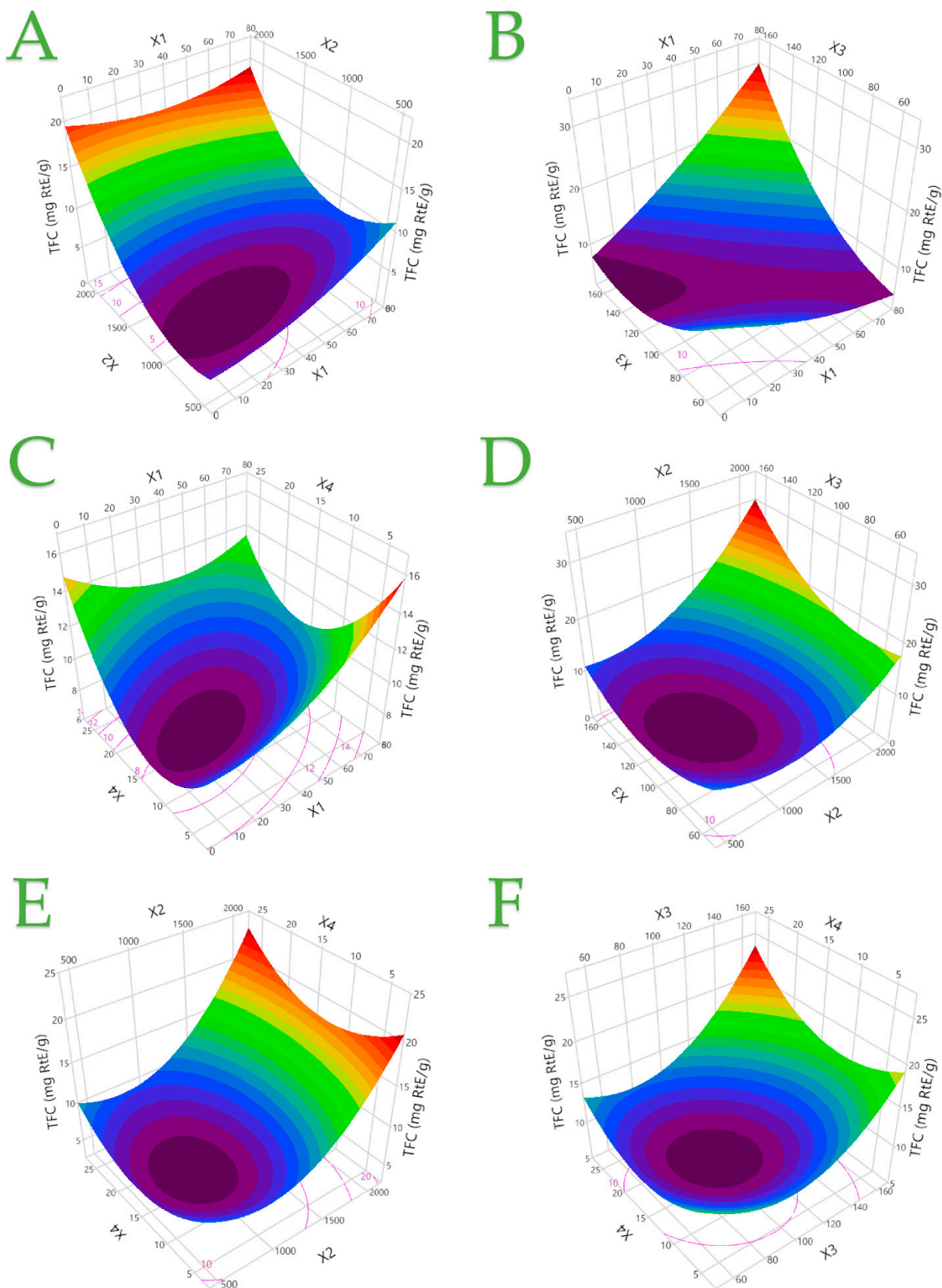


Figure S8. The optimal extraction of *M. oleifera* extracts is shown in 3D graphs that show the impact of the process variables considered in the response (Total flavonoid content – TFC, mg RtE/g). Plot (A), covariation of X_1 and X_2 ; plot (B), covariation of X_1 and X_3 ; plot (C), covariation of X_1 and X_4 ; plot (D), covariation of X_2 and X_3 ; plot (E), covariation of X_2 and X_4 ; plot (F), covariation of X_3 and X_4 .

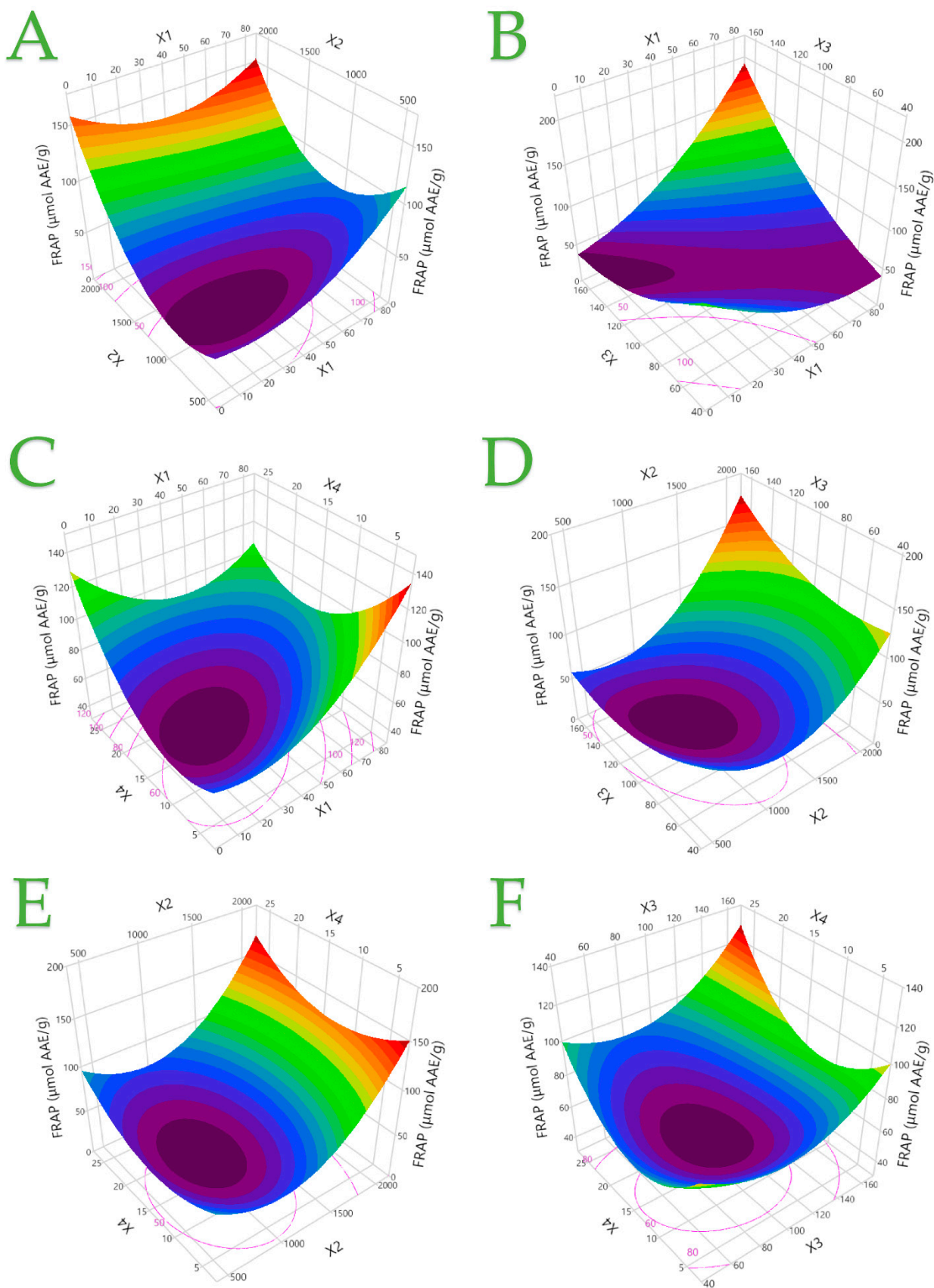


Figure S9. The optimal extraction of *M. oleifera* extracts is shown in 3D graphs that show the impact of the process variables considered in the response (FRAP, $\mu\text{mol AAE/g}$). Plot (A), covariation of X1 and X2; plot (B), covariation of X1 and X3; plot (C), covariation of X1 and X4; plot (D), covariation of X2 and X3; plot (E), covariation of X2 and X4; plot (F), covariation of X3 and X4.

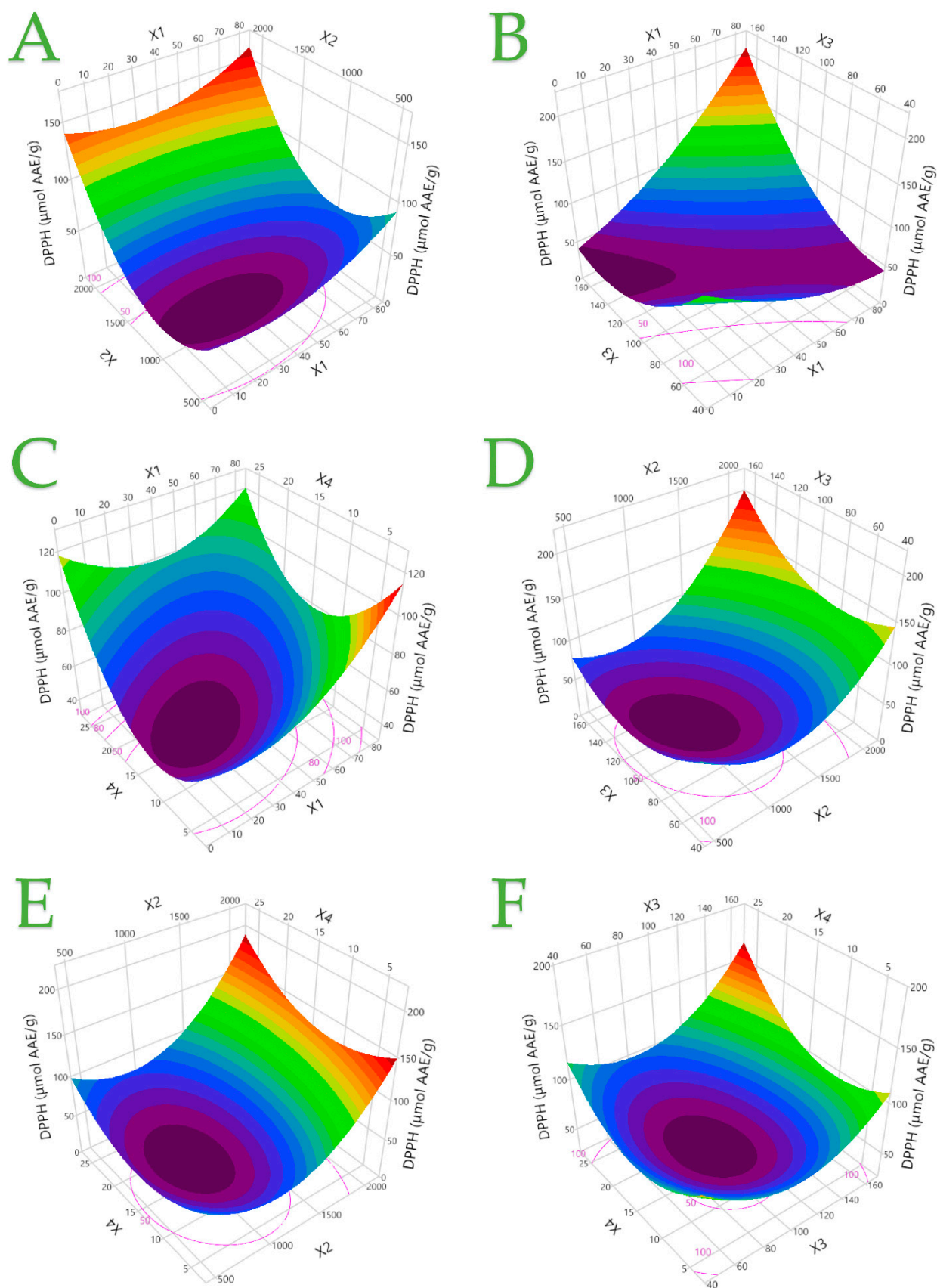


Figure S10. The optimal extraction of *M. oleifera* extracts is shown in 3D graphs that show the impact of the process variables considered in the response (DPPH, $\mu\text{mol AAE/g}$). Plot (A), covariation of X_1 and X_2 ; plot (B), covariation of X_1 and X_3 ; plot (C), covariation of X_1 and X_4 ; plot (D), covariation of X_2 and X_3 ; plot (E), covariation of X_2 and X_4 ; plot (F), covariation of X_3 and X_4 .

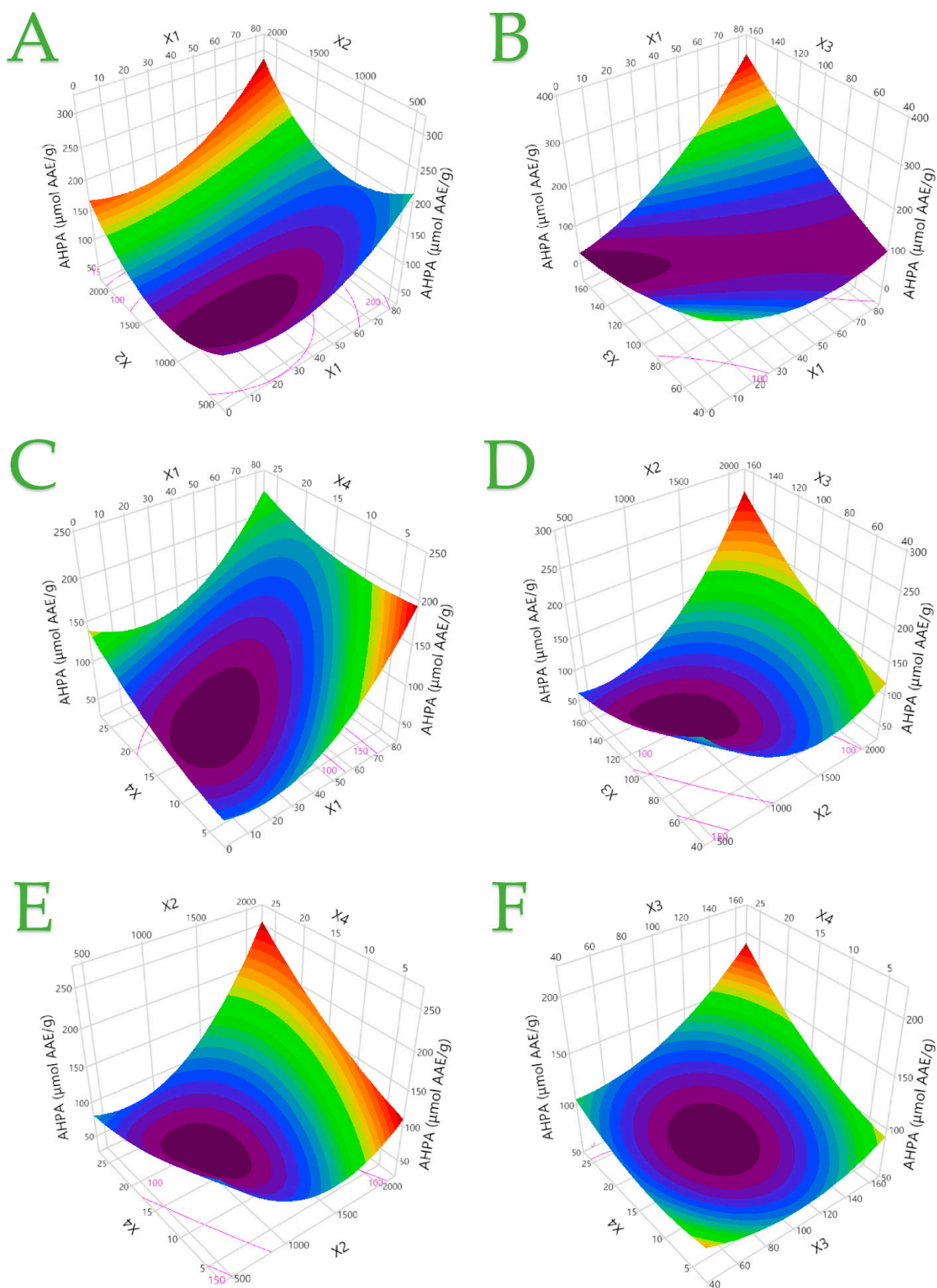


Figure S11. The optimal extraction of *M. oleifera* extracts is shown in 3D graphs that show the impact of the process variables considered in the response (Anti-Hydrogen Peroxide Activity – AHPA, $\mu\text{mol AAE/g}$). Plot (A), covariation of X_1 and X_2 ; plot (B), covariation of X_1 and X_3 ; plot (C), covariation of X_1 and X_4 ; plot (D), covariation of X_2 and X_3 ; plot (E), covariation of X_2 and X_4 ; plot (F), covariation of X_3 and X_4 .

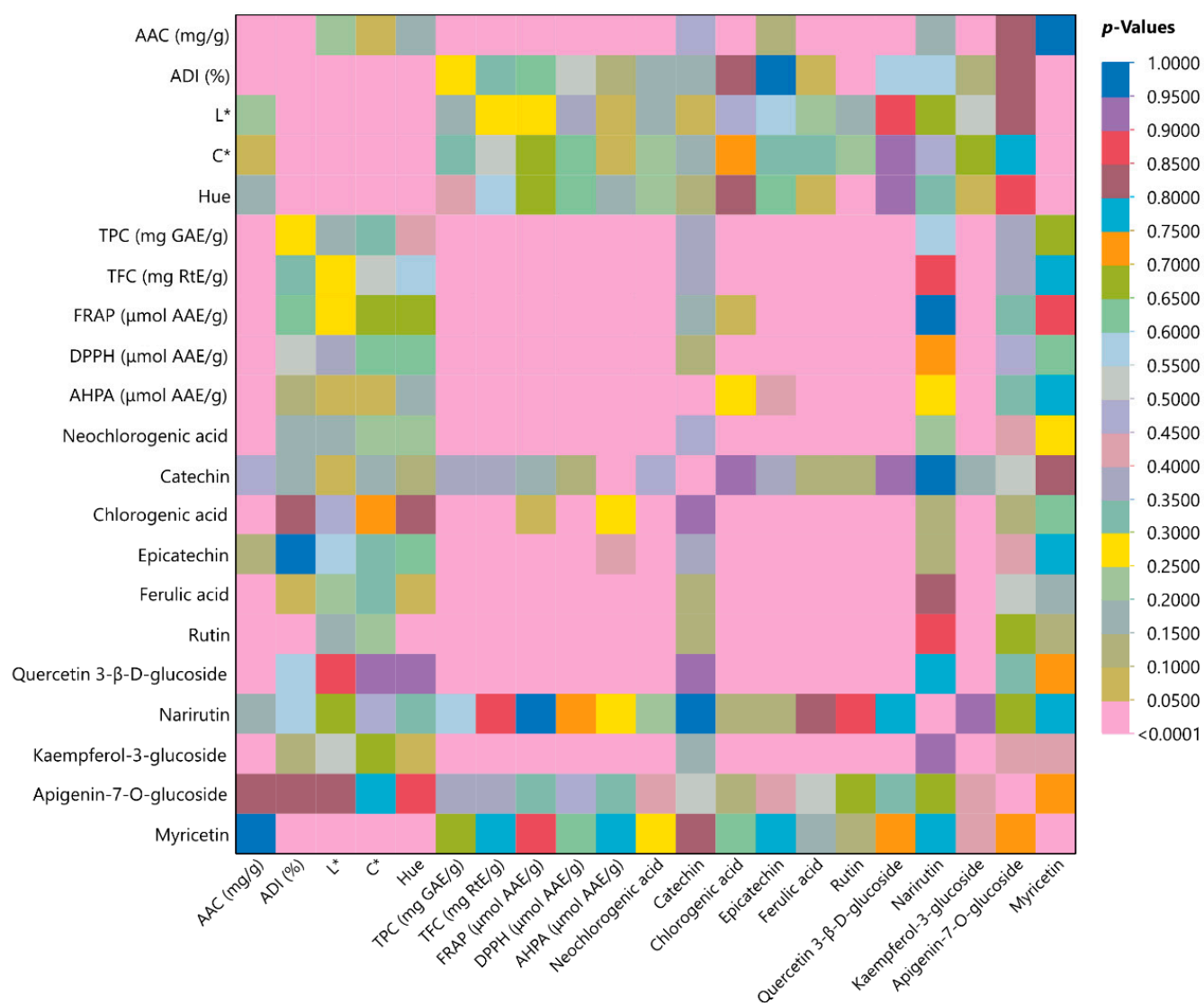


Figure S12. Multivariate color map to represent *p*-values of measured variables.