

Foods

Supplementary Materials

Table S1: Genomic information and detailed source of 224 *L. fermentum* strains in the study.

| strain | accession | isolation source | age | sex | total length (Mb) | GC% | CDS |
|--------|-------------|------------------|-----|--------|----------------------|--------|------|
| AH451 | SRR12560031 | human feces | 6 | female | 1.92004 | 52.162 | 1901 |
| AH471 | SRR12559885 | human feces | 86 | male | 1.983962 | 51.9 | 1916 |
| BJ74 | SRR12559874 | human feces | 62 | male | 1.923224 | 52.173 | 1904 |
| BJ204 | SRR12559863 | human feces | 61 | male | 2.01921 | 51.927 | 1961 |
| BJ211 | SRR12559486 | human feces | 52 | female | 1.929755 | 52.029 | 1882 |
| BJ241 | SRR12559475 | human feces | 18 | male | 1.972608 | 52.084 | 1905 |
| BJ314 | SRR12559463 | human feces | 54 | male | 2.029152 | 51.875 | 1963 |
| BJ361 | SRR12559753 | human feces | 75 | female | 1.930506 | 52.286 | 1919 |
| BJ381 | SRR12559644 | human feces | 50 | male | 1.942296 | 51.58 | 1933 |
| BJ431 | SRR12559643 | human feces | 53 | male | 2.002277 | 51.94 | 2011 |
| BJ581 | SRR12559642 | human feces | 55 | male | 2.025549 | 51.78 | 2024 |
| BJ613 | SRR12559641 | human feces | 85 | male | 2.155527 | 51.5 | 2216 |
| BJ631 | SRR12559640 | human feces | 81 | male | 1.975164 | 52.09 | 1982 |
| CQ272 | SRR12559637 | human feces | 73 | female | 1.973607 | 52.08 | 1977 |
| CQ61 | SRR12559742 | human feces | 77 | male | 2.011778 | 51.93 | 1964 |
| CQ71 | SRR12559731 | human feces | 67 | male | 2.034302 | 51.987 | 1983 |
| CQ91 | SRR12559720 | human feces | 53 | female | 1.91 | 52.3 | 1986 |
| CQ151 | SRR12559638 | human feces | 48 | male | 2.030093 | 51.89 | 2045 |
| CQ309 | SRR12559709 | human feces | 84 | female | 1.946381 | 52.298 | 1877 |
| CQ368 | SRR12559698 | human feces | 13 | female | 1.94974 | 52.215 | 1866 |
| FJ112 | SRR12559636 | human feces | 1 | male | 2.015384 | 51.72 | 2002 |
| FJ12 | SRR12559984 | human feces | 1 | male | 1.969459 | 52.125 | 1906 |
| FJ16 | SRR12559973 | human feces | 1 | male | 2.00127 | 51.972 | 1973 |

Foods

| | | | | | | | |
|-------|-------------|-------------|----|--------|----------|--------|------|
| FJ181 | SRR12560053 | human feces | 1 | male | 2.110157 | 51.571 | 2008 |
| FJ191 | SRR12560042 | human feces | 1 | female | 1.964027 | 52.011 | 2003 |
| GD111 | SRR12559962 | human feces | 77 | male | 1.983958 | 52.04 | 1980 |
| GD121 | SRR12559821 | human feces | 46 | male | 1.985253 | 52.05 | 1972 |
| GD131 | SRR12559809 | human feces | 12 | male | 1.979319 | 52.07 | 1969 |
| GD181 | SRR12559798 | human feces | 42 | male | 1.962846 | 52.11 | 1959 |
| GD223 | SRR12560116 | human feces | 10 | male | 2.077208 | 51.63 | 2097 |
| GD331 | SRR12560105 | human feces | 86 | male | 1.922951 | 52.14 | 1926 |
| GD351 | SRR12559847 | human feces | 77 | female | 2.053515 | 51.82 | 2088 |
| GD363 | SRR12559846 | human feces | 78 | female | 2.082809 | 51.57 | 2121 |
| GD611 | SRR12559845 | human feces | 74 | male | 2.035065 | 51.83 | 2014 |
| GD661 | SRR12559844 | human feces | 9 | male | 2.087264 | 51.56 | 2078 |
| GD673 | SRR12559843 | human feces | 64 | female | 2.036044 | 51.79 | 2022 |
| GD712 | SRR12559647 | human feces | 72 | female | 2.071553 | 51.81 | 2045 |
| GD723 | SRR12559646 | human feces | 70 | female | 1.947764 | 52.02 | 1942 |
| GD741 | SRR12560025 | human feces | 10 | male | 1.949121 | 52.02 | 1941 |
| GD752 | SRR12560024 | human feces | 68 | male | 1.930005 | 52.24 | 1903 |
| GD761 | SRR12559645 | human feces | 65 | female | 2.010427 | 52.17 | 1994 |
| GS504 | SRR12559949 | human feces | 13 | male | 1.958086 | 52.216 | 1859 |
| GX51 | SRR12559938 | human feces | 83 | female | 1.953285 | 51.89 | 1960 |
| GX61 | SRR12559927 | human feces | 81 | female | 2.035179 | 51.68 | 2069 |
| HM107 | SRR12559842 | human feces | 87 | female | 2.035179 | 51.68 | 2069 |
| HM301 | SRR12559494 | human feces | 71 | female | 1.98874 | 51.924 | 1939 |
| HM311 | SRR12559585 | human feces | 65 | female | 1.925204 | 52.098 | 1891 |
| HM321 | SRR12559574 | human feces | 86 | female | 1.97109 | 52.056 | 1916 |
| HM661 | SRR12559517 | human feces | 50 | female | 1.931465 | 52.282 | 1863 |
| HN112 | SRR12559658 | human feces | 92 | male | 2.144258 | 51.33 | 2175 |

Foods

| | | | | | | | |
|--------|-------------|-------------|----|--------|----------|--------|------|
| HN114 | SRR12559657 | human feces | 92 | male | 2.14437 | 51.32 | 2173 |
| HN115 | SRR12559656 | human feces | 92 | male | 2.142472 | 51.34 | 2168 |
| HN116 | SRR12559655 | human feces | 92 | male | 2.144719 | 51.32 | 2173 |
| HN117 | SRR12559654 | human feces | 92 | male | 2.133678 | 51.38 | 2165 |
| HN118 | SRR12559653 | human feces | 92 | male | 2.020379 | 51.96 | 2034 |
| HN119 | SRR12559652 | human feces | 92 | male | 2.119819 | 51.44 | 2130 |
| HN1110 | SRR12559651 | human feces | 92 | male | 2.131763 | 51.39 | 2163 |
| HN286 | SRR12559837 | human feces | 48 | male | 2.01399 | 52.031 | 1914 |
| HN441 | SRR12559649 | human feces | 1 | female | 1.977274 | 52.16 | 2002 |
| HN191 | SRR12559841 | human feces | 77 | female | 2.020119 | 51.77 | 2032 |
| HN239 | SRR12559840 | human feces | 72 | female | 1.925493 | 52.27 | 1918 |
| HN261 | SRR12559839 | human feces | 66 | female | 1.981315 | 51.99 | 1979 |
| HN401 | SRR12559836 | human feces | 3 | female | 1.975071 | 51.93 | 1965 |
| JX111 | SRR12559544 | human feces | 61 | female | 2.049902 | 51.863 | 2014 |
| JX121 | SRR12559543 | human feces | 72 | male | 1.973114 | 52.182 | 1878 |
| JX192 | SRR12559542 | human feces | 71 | female | 2.049329 | 52.025 | 1933 |
| JX201 | SRR12559541 | human feces | 73 | female | 2.021685 | 51.915 | 1959 |
| JX61 | SRR12559545 | human feces | 12 | female | 1.963315 | 52.155 | 1906 |
| NM232 | SRR12559540 | human feces | 51 | female | 1.973519 | 52.107 | 1887 |
| NM241 | SRR12559538 | human feces | 51 | male | 1.867068 | 52.487 | 1828 |
| NM271 | SRR12559537 | human feces | 41 | female | 2.104537 | 51.587 | 1922 |
| NT21 | SRR12559832 | human feces | 90 | female | 2.012898 | 52.004 | 1885 |
| NT272 | SRR12559831 | human feces | 78 | female | 1.992488 | 52.261 | 1891 |
| NT31 | SRR12559830 | human feces | 72 | male | 2.030522 | 51.77 | 2041 |
| NT41 | SRR12559829 | human feces | 73 | female | 1.929138 | 51.7 | 1919 |
| NT652 | SRR12559826 | human feces | 85 | male | 2.149885 | 51.616 | 1964 |
| NT153 | SRR12559835 | human feces | 95 | female | 1.958412 | 52.03 | 1955 |

Foods

| | | | | | | | |
|--------|-------------|-------------|----|--------|----------|--------|------|
| NT165 | SRR12559834 | human feces | 82 | female | 2.023924 | 51.71 | 2046 |
| NT171 | SRR12559833 | human feces | / | / | 1.982732 | 51.97 | 1991 |
| NT575 | SRR12559828 | human feces | 74 | male | 2.123841 | 51.37 | 2166 |
| NT753 | SRR12559563 | human feces | 91 | female | 2.107499 | 51.62 | 2103 |
| NX642 | SRR12559634 | human feces | 58 | male | 2.050731 | 51.76 | 2096 |
| NX657 | SRR12559633 | human feces | 65 | female | 2.257901 | 51.14 | 2315 |
| NX681 | SRR12559632 | human feces | 17 | male | 2.02146 | 51.92 | 2046 |
| QH161 | SRR12559536 | human feces | 10 | female | 1.933043 | 52.17 | 1901 |
| QH181 | SRR12559535 | human feces | 46 | male | 1.936134 | 52.135 | 1866 |
| QH221 | SRR12559534 | human feces | 38 | female | 1.959191 | 52.156 | 1872 |
| QH495 | SRR12559533 | human feces | 33 | male | 1.947097 | 52.214 | 1861 |
| QH804 | SRR12559532 | human feces | / | male | 2.108428 | 51.493 | 1923 |
| QH837 | SRR12559531 | human feces | 37 | male | 2.159499 | 51.436 | 2022 |
| SC381 | SRR12559530 | human feces | / | male | 1.957259 | 52.314 | 2059 |
| SH101 | SRR12559990 | human feces | 82 | female | 2.064394 | 51.931 | 2005 |
| SD131 | SRR12559631 | human feces | 1 | female | 2.045336 | 51.73 | 2066 |
| SH171 | SRR12559693 | human feces | 86 | female | 2.056894 | 51.845 | 1951 |
| SH251 | SRR12559857 | human feces | 86 | female | 1.930566 | 52.22 | 1922 |
| SH272 | SRR12559856 | human feces | 85 | female | 1.987704 | 51.94 | 1964 |
| SH281 | SRR12559855 | human feces | 85 | female | 1.96091 | 52.04 | 1947 |
| SH371 | SRR12559854 | human feces | 83 | female | 2.023529 | 51.8 | 2020 |
| SH43 | SRR12560125 | human feces | 86 | female | 1.947462 | 52.342 | 1866 |
| SH54 | SRR12560124 | human feces | 85 | female | 2.026251 | 51.816 | 1954 |
| SH65 | SRR12560123 | human feces | 87 | male | 2.035882 | 51.787 | 1951 |
| SH95 | SRR12560122 | human feces | 90 | male | 2.087559 | 51.657 | 1996 |
| SL1321 | SRR12559630 | human feces | 72 | female | 1.885286 | 52.07 | 1865 |
| SL185 | SRR12559629 | human feces | 52 | female | 2.127545 | 51.32 | 2146 |

Foods

| | | | | | | | |
|--------|-------------|-------------|-----|--------|----------|--------|------|
| SL211 | SRR12559526 | human feces | 78 | male | 1.975867 | 52.107 | 1910 |
| SL2213 | SRR12559525 | human feces | 55 | male | 1.953168 | 52.214 | 1868 |
| SL241 | SRR12559524 | human feces | 75 | female | 1.980236 | 51.933 | 1874 |
| SL271 | SRR12559789 | human feces | 68 | female | 1.892259 | 52.436 | 1828 |
| SL292 | SRR12560126 | human feces | 76 | female | 1.996618 | 52.056 | 1920 |
| SL312 | SRR12559627 | human feces | 68 | female | 2.059861 | 51.71 | 2090 |
| SL521 | SRR12559626 | human feces | 60 | male | 1.883842 | 52.34 | 1852 |
| SP241 | SRR12559529 | human feces | 100 | female | 1.890399 | 52.275 | 1863 |
| SP331 | SRR12559527 | human feces | 54 | male | 1.940669 | 52.329 | 1839 |
| WX111 | SRR12559691 | human feces | 78 | female | 2.022235 | 51.88 | 2026 |
| WX112 | SRR12559690 | human feces | 78 | female | 2.021786 | 51.88 | 2017 |
| WX113 | SRR12559689 | human feces | 78 | female | 2.020754 | 51.87 | 2007 |
| WX114 | SRR12559688 | human feces | 78 | female | 2.020046 | 51.87 | 2018 |
| WX115 | SRR12559687 | human feces | 78 | female | 2.01993 | 51.87 | 1999 |
| WX11 | SRR12559785 | human feces | 80 | / | 1.925893 | 52.267 | 1874 |
| WX121 | SRR12559553 | human feces | 84 | female | 1.971969 | 51.987 | 1903 |
| WX141 | SRR12559552 | human feces | 78 | male | 1.961175 | 52.208 | 1854 |
| WX161 | SRR12559551 | human feces | 89 | male | 2.132632 | 51.61 | 2037 |
| WX183 | SRR12559549 | human feces | 81 | male | 1.985916 | 52.096 | 1896 |
| WX213 | SRR12559548 | human feces | 90 | female | 1.922467 | 52.288 | 1828 |
| WX252 | SRR12559547 | human feces | 84 | female | 2.020009 | 51.891 | 1951 |
| WX61 | SRR12559774 | human feces | 81 | female | 1.9747 | 52.131 | 1877 |
| WX91 | SRR12559763 | human feces | 85 | female | 2.005265 | 51.936 | 1941 |
| XC263 | SRR12559684 | human feces | 56 | female | 1.964818 | 52.232 | 1900 |
| XC32 | SRR12559686 | human feces | 2 | female | 2.086295 | 51.69 | 2100 |
| XC416 | SRR12559682 | human feces | 26 | female | 1.942235 | 52.261 | 1837 |
| XC61 | SRR12559685 | human feces | 5 | male | 2.116212 | 51.45 | 2131 |

Foods

| | | | | | | | |
|--------|-------------|-------------|----|--------|----------|--------|------|
| XS212 | SRR12559681 | human feces | 53 | female | 1.937229 | 52.322 | 1898 |
| XS71 | SRR12559680 | human feces | 11 | male | 2.02987 | 51.59 | 2061 |
| XW241 | SRR12559679 | human feces | 45 | female | 2.148222 | 51.724 | 2012 |
| XW331 | SRR12559678 | human feces | 36 | female | 1.959917 | 52.17 | 2010 |
| XW341 | SRR12559677 | human feces | 57 | female | 1.965164 | 52.17 | 2022 |
| XW391 | SRR12559676 | human feces | 7 | female | 2.010074 | 51.63 | 1998 |
| XW411 | SRR12559675 | human feces | 8 | male | 2.007773 | 51.92 | 1989 |
| XW463 | SRR12559674 | human feces | 48 | female | 2.026653 | 51.908 | 2035 |
| YC74 | SRR12559546 | human feces | / | female | 1.998299 | 52.046 | 2013 |
| YN361 | SRR12560023 | human feces | / | female | 2.119972 | 51.23 | 2131 |
| YN497 | SRR12560022 | human feces | / | / | 2.036369 | 51.5 | 2091 |
| YN54 | SRR12559673 | human feces | / | / | 1.958265 | 52.304 | 1892 |
| YN64 | SRR12559671 | human feces | 49 | female | 2.103536 | 51.582 | 2014 |
| YN96 | SRR12559670 | human feces | 57 | male | 1.930423 | 52.241 | 1825 |
| YN611 | SRR12559669 | human feces | 11 | female | 2.107499 | 51.62 | 2103 |
| YZ156 | SRR12560021 | human feces | 60 | male | 1.863906 | 52.3 | 1872 |
| YZ1610 | SRR12560020 | human feces | 59 | male | 1.969128 | 52.2 | 1995 |
| YZ96 | SRR12559635 | human feces | 63 | male | 1.970882 | 51.9 | 1947 |
| ZH1010 | SRR12559853 | human feces | / | / | 1.986303 | 51.7 | 1953 |
| ZH241 | SRR12559852 | human feces | / | male | 1.968883 | 51.99 | 1970 |
| ZJ122 | SRR12560019 | human feces | 7 | female | 2.187189 | 51.24 | 2238 |
| ZT25 | SRR12559668 | human feces | 65 | female | 1.95084 | 52.193 | 1868 |
| ZT139 | SRR12559667 | human feces | 76 | female | 1.938162 | 52.085 | 1877 |
| ZT205 | SRR12559666 | human feces | 83 | male | 1.930131 | 52.461 | 1861 |
| ZT226 | SRR12559665 | human feces | / | female | 1.929055 | 52.413 | 1938 |
| ZT238 | SRR12559664 | human feces | / | male | 1.948108 | 52.333 | 1957 |
| ZT243 | SRR12559663 | human feces | 62 | female | 2.016053 | 51.965 | 1990 |

Foods

| | | | | | | | |
|-----------|-------------|-----------------|----|--------|----------|--------|-------|
| ZT251 | SRR12559662 | human feces | 80 | male | 2.013958 | 51.904 | 1936 |
| ZT591 | SRR12559851 | human feces | / | male | 2.084569 | 51.67 | 2078 |
| ZT607 | SRR12559850 | human feces | 78 | female | 2.082168 | 51.57 | 2101 |
| ZT618 | SRR12559848 | human feces | 75 | male | 1.989632 | 51.97 | 1992 |
| ZT671 | SRR12559660 | human feces | 83 | male | 2.010001 | 51.919 | 1945 |
| ZT681 | SRR12559659 | human feces | / | male | 2.020224 | 51.869 | 1968 |
| LMT2_75 | online | kimchi | | | 2.33 | 50.48 | 2,108 |
| 2760 | online | dairy | | | 2.27 | 51.4 | 2,004 |
| FTDC_8312 | online | fecal sample | | | 2.24 | 51 | 2,029 |
| USM_8633 | online | fermented meat | | | 2.24 | 51 | 2,028 |
| | | sausage | | | | | |
| SRCM10328 | online | food | | | 2.15 | 51.3 | 1,979 |
| 5 | | | | | | | |
| SRCM10329 | online | food | | | 2.12 | 51.4 | 1,863 |
| 0 | | | | | | | |
| HFD1 | online | Homo sapiens | | | 2.1 | 51.8 | 1,927 |
| | | fecal sample | | | | | |
| IMDO13010 | online | sourdough | | | 2.09 | 51.5 | 1,835 |
| 1 | | | | | | | |
| LDTM7301 | online | Makgeolli | | | 2.05 | 51.7 | 1,837 |
| CBA7106 | online | adult feces | | | 2.04 | 51.7 | 1,859 |
| MTCC25067 | online | fermented milk | | | 2.01 | 51.18 | 1,684 |
| NCC2970 | online | / | | | 1.95 | 52.2 | 1,758 |
| YL_11 | online | fermented milk | | | 1.91 | 51.9 | 1,656 |
| B128 | online | fermented beets | | | 1.91 | 52.3 | 1,736 |
| MTCC5898 | online | Homo sapiens | | | 2.1 | 52.1 | 1,583 |
| | | Infant fecal | | | | | |

Foods

| | | | | | |
|-----------|--------|-------------------|------|------|-------|
| | | sample | | | |
| VRI_003 | online | Commercial | 1.95 | 52 | |
| | | probiotic culture | | | 1817 |
| | | lyophilized | | | |
| 47_7 | online | Homo sapiens | 2.1 | 52.2 | |
| | | fecal sample | | | 1,644 |
| LFQI6 | online | Homo sapiens | 2.1 | 52.1 | |
| | | fecal sample | | | 1,623 |
| 39 | online | human feces | 1.83 | 51.6 | 1,704 |
| CRL1446 | online | Goat milk | 2.15 | 51.4 | |
| | | cheese | | | 1,976 |
| D12 | online | Fresh smoked | 2.02 | 52 | |
| | | cheese | | | 1,868 |
| 222 | online | Cocoa bean | 1.95 | 52.1 | |
| | | fermentation | | | 1,768 |
| AF15_40LB | online | human feces | 1.97 | 52 | 1,813 |
| MGYG_HGU | online | human gut | 1.97 | 52 | |
| T_00166 | | | | | 1,814 |
| FUA3588 | online | Mahewu | 2.02 | 51.7 | 1,840 |
| S6 | online | Sour wort, | 1.91 | 52.3 | |
| | | Tchapalo | | | |
| | | (Sorghum | | | 1,718 |
| | | african beer) | | | |
| | | processing | | | |
| S13 | online | Sour wort, | 1.92 | 52.3 | |
| | | Tchapalo | | | 1,718 |
| | | (Sorghum | | | |

Foods

| | | | | | |
|-----------|--------|----------------|------|------|-------|
| | | african beer) | | | |
| | | processing | | | |
| AF11_4_H | online | human fece | 1.94 | 52.2 | 1,380 |
| 103 | online | Homo sapiens | 2.05 | 51.8 | 1,900 |
| | | cecum | | | |
| L13 | online | human fece | 1.95 | 52.6 | 1,821 |
| 279 | online | Homo sapiens | 1.98 | 52 | 1,828 |
| | | fece | | | |
| DS19_7 | online | dietary | 2.02 | 51.6 | |
| | | supplement | | | 1,807 |
| | | products | | | |
| 311 | online | Homo sapiens | 2.04 | 51.8 | 1,860 |
| | | feces | | | |
| 317 | online | fermented milk | 1.92 | 51.5 | 1,674 |
| CECT9269 | online | tocosh, | 2.08 | 51.7 | |
| | | Peruvian | | | |
| | | traditional | | | 1,907 |
| | | fermented | | | |
| | | potatoes | | | |
| S30 | online | human feces | 2.16 | 51.2 | 2,008 |
| L18 | online | human feces | 2.11 | 52 | 1,966 |
| UCO_979C | online | Homo sapiens | 2.01 | 51.9 | 1,517 |
| | | feces | | | |
| DS13_7 | online | dietary | 2 | 51.8 | |
| | | supplement | | | 1,770 |
| | | products | | | |
| AF16_22LB | online | human feces | 2 | 51.9 | 1,827 |

Foods

| | | | | | |
|-----------|--------|-------------------------------|------|-------|-------|
| LFU21 | online | Homo sapiens | 1.97 | 51.7 | |
| | | feces of an astronaut | | | 1,796 |
| NBRC3959 | online | / | 1.93 | 52.1 | 1,831 |
| BFE6620 | online | Gari | 1.98 | 52.1 | 1,806 |
| KMB_612 | online | bryndza cheese | 1.92 | 52.2 | 1,764 |
| FAM19471 | online | cheese | 2.04 | 51.5 | 1,921 |
| RI_508 | online | cacao been fermentation | 1.92 | 52.2 | 1,767 |
| KMB_613 | online | bryndza cheese | 2.01 | 52.1 | 1,875 |
| FUA3589 | online | Mahewu | 2.08 | 51.5 | 1,843 |
| LF2 | online | dairy (cheese) | 2.05 | 51.7 | 1,875 |
| NCDC400 | online | curd | 1.9 | 51.6 | 1,660 |
| DR9 | online | Cow Fresh milk | 2.36 | 50.44 | 1,678 |
| HFB3 | online | Homo sapiens fecal sample | 2.04 | 51.8 | 1,366 |
| CIMMAG14 | online | human digestive tract | 1.76 | 49.7 | 1,750 |
| 15 | | | | | |
| 3872 | online | Homo sapiens milk from female | 2.33 | 50.56 | 2111 |
| ATCC14931 | online | fermented beets | 1.87 | 52.6 | 1,676 |
| CECT5716 | online | Human milk | 2.1 | 51.5 | 1631 |
| F_6 | online | / | 2.06 | 51.7 | 1,848 |
| IFO3956 | online | Fermented plant material | 2.1 | 51.5 | 1916 |
| LF1 | online | Homo sapiens | 1.82 | 52.5 | 1,677 |

Foods

| | | | | | |
|----------|--------|----------------|------|-------|-------|
| | | male human gut | | | |
| | | feces | | | |
| MTCC8711 | online | yogurt | 2.57 | 49.65 | 2,264 |

Foods

Table S2: LDA (linear discriminant analysis) score of dominant COG categories in the genome of *L. fermentum* strains derived from human gut and food.

| Food source | COG category | LDA score | Human gut source | COG category | LDA score |
|-------------|--------------|-------------|------------------|--------------|-----------|
| COG2826 | X | 3.672093952 | COG1309 | K | 2.856816 |
| COG3328 | X | 3.670942152 | COG1028 | I | 2.770695 |
| COG2801 | X | 3.547536632 | COG0583 | C | 2.712504 |
| COG0675 | X | 3.466125672 | COG0531 | E | 2.685298 |
| COG1943 | X | 3.376002135 | COG0716 | C | 2.618832 |
| COG2963 | X | 3.258079384 | COG1063 | E R | 2.513247 |
| COG3464 | X | 3.129916415 | COG2151 | O | 2.492278 |
| COG3436 | X | 2.664887429 | COG0076 | E | 2.465703 |
| COG3293 | X | 2.491585793 | COG1136 | M | 2.450191 |
| COG2217 | P | 2.45177289 | COG3104 | E | 2.441617 |
| COG1518 | V | 2.430339874 | COG1062 | C | 2.40334 |
| COG0789 | K | 2.421040582 | COG0697 | G E R | 2.401072 |
| COG0463 | M | 2.38417996 | COG1073 | T | 2.399626 |
| COG2814 | G | 2.292681744 | COG0366 | G | 2.38801 |
| COG0657 | I | 2.261533651 | COG0745 | K T | 2.354477 |
| COG2055 | C | 2.258852922 | COG0577 | V | 2.345387 |
| COG3051 | C | 2.255829674 | COG0075 | E F | 2.333589 |
| COG1767 | H | 2.249459398 | COG0642 | T | 2.29508 |
| COG3512 | S | 2.248213512 | COG0436 | E | 2.277372 |
| COG1397 | O | 2.183101012 | COG1387 | E R | 2.267052 |
| COG3513 | V | 2.159519355 | COG0141 | E | 2.251421 |
| COG5542 | G | 2.149190239 | COG0118 | E | 2.246166 |
| COG4152 | R | 2.128542946 | COG0106 | E | 2.24565 |
| COG0446 | I | 2.11520244 | COG0390 | P | 2.244486 |
| COG3378 | X | 2.076088223 | COG1484 | L | 2.241856 |
| COG1457 | F | 2.044253358 | COG0040 | E | 2.239593 |
| COG2190 | G | 2.033332489 | COG3705 | E | 2.2371 |
| COG2132 | D M P | 2.017478116 | COG1760 | E | 2.233829 |
| COG0074 | C | 2.016924426 | COG0494 | V | 2.22388 |
| COG5039 | M G | 2.013502484 | COG0131 | E | 2.222522 |
| COG0003 | P | 2.01101159 | COG0473 | C E | 2.219941 |
| human feces | | | COG3971 | Q | 2.213778 |
| | | | COG0549 | E | 2.212223 |
| | | | COG2188 | K | 2.209438 |
| | | | COG0385 | R | 2.204749 |

Foods

| | | | | | |
|--|--|--|---------|-----|----------|
| | | | COG1139 | C | 2.203255 |
| | | | COG0069 | E | 2.195191 |
| | | | COG0798 | P | 2.191073 |
| | | | COG3093 | V | 2.181763 |
| | | | COG0065 | E | 2.181393 |
| | | | COG0129 | G E | 2.174447 |
| | | | COG0066 | E | 2.170776 |
| | | | COG0154 | J | 2.166691 |
| | | | COG4908 | R | 2.165513 |
| | | | COG0059 | E H | 2.158818 |
| | | | COG0039 | C | 2.158164 |
| | | | COG1940 | K G | 2.149748 |
| | | | COG1171 | E | 2.147106 |
| | | | COG1959 | K | 2.136676 |
| | | | COG1119 | P | 2.134307 |
| | | | COG2350 | Q R | 2.132306 |
| | | | COG0493 | E R | 2.131612 |
| | | | COG1668 | C P | 2.127838 |
| | | | COG3048 | E | 2.115627 |
| | | | COG1808 | S | 2.086555 |
| | | | COG1783 | X | 2.080448 |
| | | | COG0394 | T | 2.079559 |
| | | | COG0679 | R | 2.077975 |
| | | | COG0340 | H | 2.074603 |
| | | | COG0505 | E F | 2.073012 |
| | | | COG0457 | R | 2.072303 |
| | | | COG4690 | E | 2.07029 |
| | | | COG1556 | C | 2.069592 |
| | | | COG1263 | G | 2.058164 |
| | | | COG1893 | H | 2.05467 |
| | | | COG0507 | L | 2.053786 |
| | | | COG0235 | G E | 2.042423 |
| | | | COG0389 | L | 2.026598 |
| | | | COG0846 | O | 2.023163 |
| | | | COG1038 | C | 2.016359 |
| | | | COG0550 | L | 2.016075 |
| | | | COG0247 | C | 2.012152 |
| | | | COG0790 | R | 2.00463 |
| | | | COG2723 | G | 2.00168 |

Foods

Table S3: Distribution of CRISPR-Cas systems in the genome of *L. fermentum* strains (Of 224 *L. fermentum* strains, 210 strains contain at least one CRISPR and 159 strains containing cas genes are listed below).

| strains | CAS Type | strains | CAS Type | strains | CAS Type |
|-----------------|--------------|-----------|--------------|-----------|--------------|
| 103 | CAS-TypeIE | AF11_4_H | CAS-TypeIE | LMT2_75 | CAS-TypeIIA |
| BJ431 | CAS-TypeIIC | ZT671 | CAS-TypeIE | SL185 | CAS-TypeIIA |
| HN261 | CAS-TypeIIA | JX111 | CAS-TypeIE | SL185 | CAS-TypeIE |
| ZT618 | CAS-TypeIIA | JX192 | CAS-TypeIE | QH495 | CAS-TypeIE |
| ZT618 | CAS-TypeIIC | YZ1610 | CAS-TypeIE | NM241 | CAS-TypeIIA |
| BJ74 | CAS-TypeIIA | GD223 | CAS-TypeIE | NM232 | CAS-TypeIIA |
| CBA7106 | CAS-TypeIE | QH837 | CAS-TypeIE | NM232 | CAS-TypeIE |
| SRCM103285 | CAS-TypeIIA | XC32 | CAS-TypeIE | NM232 | CAS-TypeIIC |
| LDTM7301 | CAS-TypeIIA | GD661 | CAS-TypeIE | XS71 | CAS-TypeIIA |
| LDTM7301 | CAS-TypeIE | GD661 | CAS-TypeIIA | XS71 | CAS-TypeIE |
| SL211 | CAS-TypeIE | GD661 | CAS-TypeIIC | XS71 | CAS-TypeIIC |
| YN611 | CAS-TypeIIA | GD673 | CAS-TypeIE | XS71 | CAS-TypeIE |
| QH181 | CAS-TypeIE | GD673 | CAS-TypeIIA | ZH1010 | CAS-TypeIIC |
| QH181 | CAS-TypeIC | GD673 | CAS-TypeIIC | ZH1010 | CAS-TypeIE |
| AF15_40LB | CAS-TypeIIIA | SH281 | CAS-TypeIC | ZH1010 | CAS-TypeIIIA |
| AF15_40LB | CAS-TypeIIA | JX201 | CAS-TypeIE | ZH1010 | CAS-TypeIIA |
| MGYG_HGUT_00166 | CAS-TypeIIA | JX201 | CAS-TypeIIC | 317 | CAS-TypeIIIA |
| MGYG_HGUT_00166 | CAS-TypeIIIA | JX201 | CAS-TypeIIA | NCDC400 | CAS-TypeIIA |
| HM661 | CAS-TypeIIA | YN64 | CAS-TypeIE | NCDC400 | CAS-TypeIE |
| HM661 | CAS-TypeIE | ZT205 | CAS-TypeIE | MTCC25067 | CAS-TypeIC |
| AH451 | CAS-TypeIE | SH54 | CAS-TypeIE | MTCC8711 | CAS-TypeIE |
| NT165 | CAS-TypeIIA | WX91 | CAS-TypeIE | MTCC8711 | CAS-TypeIC |
| NT165 | CAS-TypeIE | GD712 | CAS-TypeIIA | MTCC8711 | CAS-TypeIE |
| YN497 | CAS-TypeIE | CQ91 | CAS-TypeIE | YL_11 | CAS-TypeIIA |
| SH251 | CAS-TypeIIIA | CQ91 | CAS-TypeIIC | YL_11 | CAS-TypeIIID |
| F_6 | CAS-TypeIE | CQ91 | CAS-TypeIIA | YL_11 | CAS-TypeIE |
| GD611 | CAS-TypeIE | D12 | CAS-TypeIIA | YZ96 | CAS-TypeIIC |
| GD752 | CAS-TypeIE | SL241 | CAS-TypeIE | YZ96 | CAS-TypeIIA |
| GD762 | CAS-TypeIE | SL241 | CAS-TypeIIA | BFE6620 | CAS-TypeIE |
| NCC2970 | CAS-TypeIIA | SL241 | CAS-TypeIIIA | HN239 | CAS-TypeIIA |
| GS504 | CAS-TypeIIC | AF16_22LB | CAS-TypeIIIA | 222 | CAS-TypeIIC |
| GS504 | CAS-TypeIIA | AF16_22LB | CAS-TypeIIA | YN54 | CAS-TypeIIA |
| QH221 | CAS-TypeIIA | S30 | CAS-TypeIIA | SL2213 | CAS-TypeIIA |
| HN401 | CAS-TypeIIA | L18 | CAS-TypeIIA | GX51 | CAS-TypeIE |
| HN401 | CAS-TypeIE | HN286 | CAS-TypeIIA | BJ211 | CAS-TypeIIA |
| SL312 | CAS-TypeIE | HN286 | CAS-TypeIIIA | DS13_7 | CAS-TypeIIC |
| IFO3956 | CAS-TypeIE | SH65 | CAS-TypeIE | DS13_7 | CAS-TypeIE |

Foods

| | | | | | |
|----------|--------------|-----------|--------------|------------|--------------|
| IFO3956 | CAS-TypeIC | SH65 | CAS-TypeIIIA | DS13_7 | CAS-TypeIIA |
| NBRC3959 | CAS-TypeIE | SH95 | CAS-TypeIE | DS19_7 | CAS-TypeIIA |
| NBRC3959 | CAS-TypeIC | SH95 | CAS-TypeIIIA | DS19_7 | CAS-TypeIE |
| NT753 | CAS-TypeIE | ZJ122 | CAS-TypeIIA | SRCM103290 | CAS-TypeIE |
| NX657 | CAS-TypeIE | ZJ122 | CAS-TypeIIIA | SRCM103290 | CAS-TypeIIA |
| QH804 | CAS-TypeIE | 2760 | CAS-TypeIIA | IMDO130101 | CAS-TypeIIA |
| XW241 | CAS-TypeIE | 2760 | CAS-TypeIIIA | IMDO130101 | CAS-TypeIE |
| WX161 | CAS-TypeIE | 2760 | CAS-TypeIE | FUA3588 | CAS-TypeIE |
| XC416 | CAS-TypeIE | 3872 | CAS-TypeIIA | FUA3588 | CAS-TypeIIIA |
| XC61 | CAS-TypeIIA | 3872 | CAS-TypeIC | FUA3589 | CAS-TypeIE |
| XC61 | CAS-TypeIC | KMB_612 | CAS-TypeIIA | FUA3589 | CAS-TypeIC |
| XW331 | CAS-TypeIIIA | FTDC_8312 | CAS-TypeIIA | 311 | CAS-TypeIC |
| XW341 | CAS-TypeIIIA | FTDC_8312 | CAS-TypeIE | 311 | CAS-TypeIIA |
| NM271 | CAS-TypeIIA | USM_8633 | CAS-TypeIIA | GD331 | CAS-TypeIIA |
| WX213 | CAS-TypeIE | USM_8633 | CAS-TypeIE | GD723 | CAS-TypeIIA |
| WX61 | CAS-TypeIE | VRI_003 | CAS-TypeIIA | GD741 | CAS-TypeIIA |
| AH471 | CAS-TypeIE | VRI_003 | CAS-TypeIE | SL521 | CAS-TypeIE |
| BJ631 | CAS-TypeIE | FAM19471 | CAS-TypeIIA | SP241 | CAS-TypeIE |
| HM107 | CAS-TypeIE | FAM19471 | CAS-TypeIE | ZT139 | CAS-TypeIE |
| BJ581 | CAS-TypeIE | YN361 | CAS-TypeIE | HM311 | CAS-TypeIIA |
| SH272 | CAS-TypeIE | YN361 | CAS-TypeIIC | HM311 | CAS-TypeIE |
| CQ61 | CAS-TypeIE | YN361 | CAS-TypeIIA | HM321 | CAS-TypeIE |
| NT41 | CAS-TypeIE | YN361 | CAS-TypeIC | WX11 | CAS-TypeIE |
| 39 | CAS-TypeIE | CECT9269 | CAS-TypeIE | WX114 | CAS-TypeIIA |
| NT575 | CAS-TypeIE | CECT9269 | CAS-TypeIIA | WX114 | CAS-TypeIE |
| BJ204 | CAS-TypeIE | CECT9269 | CAS-TypeIIIA | WX113 | CAS-TypeIIA |
| NX642 | CAS-TypeIE | CRL1446 | CAS-TypeIIA | WX113 | CAS-TypeIE |
| XW391 | CAS-TypeIE | CRL1446 | CAS-TypeIE | WX112 | CAS-TypeIIA |
| XW391 | CAS-TypeIE | CRL1446 | CAS-TypeIIIA | WX112 | CAS-TypeIE |
| YC74 | CAS-TypeIE | LF2 | CAS-TypeIIA | WX115 | CAS-TypeIIA |
| YC74 | CAS-TypeIIC | LF2 | CAS-TypeIIIA | WX115 | CAS-TypeIE |
| YC74 | CAS-TypeIIA | ATCC14931 | CAS-TypeIIA | WX111 | CAS-TypeIE |
| FJ16 | CAS-TypeIE | B128 | CAS-TypeIIA | WX111 | CAS-TypeIIA |
| SD131 | CAS-TypeIE | HFD1 | CAS-TypeIIA | YZ156 | CAS-TypeIIA |
| FJ181 | CAS-TypeIE | KMB_613 | CAS-TypeIIA | YZ156 | CAS-TypeIE |
| CQ309 | CAS-TypeIE | YN96 | CAS-TypeIIA | NT153 | CAS-TypeIE |
| XS212 | CAS-TypeIE | CECT5716 | CAS-TypeIE | WX121 | CAS-TypeIE |
| XW411 | CAS-TypeIE | CECT5716 | CAS-TypeIC | RI_508 | CAS-TypeIE |
| ZT591 | CAS-TypeIE | DR9 | CAS-TypeIIA | WX141 | CAS-TypeIE |
| ZT25 | CAS-TypeIC | DR9 | CAS-TypeIE | SL1321 | CAS-TypeIE |
| ZT251 | CAS-TypeIE | DR9 | CAS-TypeIIIA | Lf1 | CAS-TypeIC |

Foods

| | | | | | |
|-------|-------------|---------|--------------|-------|-------------|
| CQ71 | CAS-TypeIIA | LMT2_75 | CAS-TypeIE | LfU21 | CAS-TypeIIA |
| GD181 | CAS-TypeIIA | LMT2_75 | CAS-TypeIIIA | | |

Figure S1: Phylogenetic analysis of cas1 and cas2 genes in the genome of *L. fermentum* from human gut and food.

