

Table S2. Relationship between educational levels and physical activity levels, adherence to MD and physical and mental health.

	Secondary School			Graduation Degree		
	TS	NS	PS	TS	NS	PS
Physical activity levels						
Inactive	384±190	363±217	408±159	301±198	287±229	316±175
Sufficiently Active	1602±545	1508±564	1700±520	1558±521	1579±496	1542±548
Active or highly active	5248±2808	5437±3020	5118±2686	4534±2364	4592±2991	4505±2024
MD^a Adherence (score)						
MD^a	8.81±1.84	9.03±1.91	8.61±1.77	8.91±1.97	9.08±2.01	8.80±1.95
SF-12 (score)						
PCS^b	49.76±7.49	48.41±7.64	50.96±7.20	49.54±7.53	48.62±7.99	50.15±7.19
MCS^c	52.66±7.27*	52.25±7.15	53.03±7.41**	50.62±8.67*	51.93±8.19	49.76±8.92**

a, Mediterranean Diet; b, Physical Component Summary; c, Mental Component Summary; *p < 0.05; **p < 0.01 ***p<0.001