

**Supplemental Table S4.** Percent of caloric intake of saturated, monounsaturated, and polyunsaturated fatty acids, stratified by the type of diet. Values are mean ± standard deviation. P-value < 0.05 is bolded.

	Provided Percent Intake	Reported Percent Intake	p-value
standard diet			
saturated fat (%)	15.6 ± 4.1	12.7 ± 3.8	0.06
monounsaturated fat (%)	11.0 ± 1.0	10.8 ± 1.8	0.82
polyunsaturated fat (%)	7.4 ± 1.4	8.2 ± 1.5	0.18
high carbohydrate diet			
saturated fat (%)	3.8 ± 1.0	6.2 ± 0.8	<b>7.80E-07</b>
monounsaturated fat (%)	3.3 ± 0.6	5.7 ± 0.8	<b>2.14E-09</b>
polyunsaturated fat (%)	2.4 ± 0.4	3.5 ± 0.8	<b>0.0004</b>
high fat diet			
saturated fat (%)	27.7 ± 1.3	22.7 ± 3.3	<b>0.0002</b>
monounsaturated fat (%)	18.0 ± 1.6	16.8 ± 1.7	0.10
polyunsaturated fat (%)	9.2 ± 1.6	9.6 ± 1.7	0.63